# Registration

Submit your registration by mail.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Church Affiliation: \_\_\_\_\_

Location:

Linck Hill Inn (part of Three Springs Ministries) 254 Linck Hill Inn Road, Morris PA 16938

## Fee:

\$130 shared room\$145 single room(includes Friday supper, Sat breakfast and

lunch, Friday lodging)

Early registration by June 1: Save \$15 \$115 shared, \$130 single

Late registration after July 10: \$145 shared, \$160 single room

Mail Registration and payment to: Susan Halverstadt 4572 State Route 87 Williamsport PA 17701



Susan Halverstadt 4572 State Route 87 Williamsport PA 17701

# Be Balanced. Spiritual Direction for your life



# Women's Retreat

With Rev. Dr. Susan Halverstadt July 28 – 29, 2017

#### Dates:

Friday, July 28, 2017, 5pm – Saturday, July 29, 2017, 5pm

#### Schedule:

*Friday* 5:00-5:30 Check-in 5:30-6:30 Supper 6:30-9:00 Session *Saturday* 8:00-9:00 Breakfast 9:00-12:00 Session 12-1:00 Lunch 1:00-5:00 Session

### Location:

Linck Hill Inn (north of Williamsport-part of Three Springs Ministries) 254 Linck Hill Inn Road, Morris PA 16938 570-324-5757 GPS coordinates: N41 33.525, W77 13.040



## The Retreat

Learn how working with a Spiritual Director can help you find balance in your life as a woman of faith. Opportunities for sharing together, for experiencing silence, and for discovering a spiritual discipline will be provided in an informal setting.

Our health and fulfillment in life depends on keeping balance in body, mind and spirit. Working with a spiritual director can help give focus to your spiritual life.

- What is spiritual direction?
- How can working with a spiritual director help me become balanced?
- Where can I find a spiritual director?
- What role does a spiritual director play?
- When would I need or want a spiritual director?
- Is there more than one kind of spiritual direction?
- What spiritual disciplines are helpful in keeping balanced?

You will experience a safe, supportive and caring group of women where you can feel comfortable to just be yourself.



Rev. Dr. Susan Halverstadt is a United Methodist pastor, Susquehanna Conference of the United Methodist Church

Spiritual Director, Two Year Spiritual Director Training, Oasis Ministries

Doctor of Chiropractic, Cleveland Chiropractic College

Master of Divinity, Saint Paul School of Theology

Bachelor of Science, Park College, Nutrition

Bachelor of Science, Western Michigan University, Elementary Education & Vocal Music